

# Let's Talk About Teeth

By Leon D. Hanna, DDS & Kayla S. Mazer, DDS

## HOLDING PENALTY

A recent finding showing that excessive use of denture cream has been linked with nerve damage gives patients with dentures even more reason to visit the dentist for readjustments. The study involved denture wearers who developed neurological problems. All were found to have abnormally high levels of zinc in their blood (accompanied by abnormally low levels of copper). A balance of zinc and copper in the body is essential for neurological health. Absorbing too much of either of these trace metals can lead to depletion of the other. As it turned out, denture cream contains zinc, and the patients had used excessive amounts of it—two tubes per week instead of the recommended one tube every three to ten weeks.

The Hanna & Mazer Dental Group provides cosmetic, functional, and preventative dental care for all ages. You can rely on us to answer all of your questions about dental treatment and procedures. We participate in many major insurance plans and accept most forms of payment. Follow us on Twitter and Facebook today to stay up to date on the latest in dental care. Feel free to visit our website [www.hannaandmazer.com](http://www.hannaandmazer.com) for additional information and give our office a call to make an appointment today!

Hanna & Mazer Dental Group  
61 Fourth Street  
Stamford, CT 06905

P: (203) 348-3756 | F: (203) 348-8675  
[info@hannaandmazer.com](mailto:info@hannaandmazer.com)

*"Because Your Smile Means Everything"*