

Let's Talk About Teeth

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SERVICE WITH A SMILE

By maintaining good oral-health practices at home and scheduling regular office visits, most patients can avoid many common dental problems. Daily brushing and flossing, and the application of sealants, can help youngsters avoid tooth decay. Adults can avert their most common problem, gum disease, with regular professional care. In cases where tooth loss, breakage, or misalignment does occur, the dentist is expert in a variety of advanced restoration and replacement techniques. In addition, there are a number of cosmetic procedures, including tooth whitening, veneers, and bonding, that effectively remedy chipped, discolored, and gapped teeth. The more patients know about dental health, the better their smiles. In the weeks and months ahead, this column will address many aspects of dental care.

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